

It's weird the way drugs don't work thiers always a hook too them. They are so unpredictable they work one way one time then you fry the exact same thing and they back-fire.

One thing I've found with the Program is you don't have to be alone. If you take the time to ask you'll always find something to do, someone to be with, some way to stay out of trouble and out of your head.

Even if you can't feel good being with people makes feeling bad a little better.

Roy D.

The more the way things
work, there always
is a way. They are so
inflexible that
you can't get
the exact same thing
any more.

One thing I've found with the
program is you don't have to be
there. If you take the time to
do it, you'll always find something
to do, someone to be with, some
one to stay out of trouble and
out of your head.

There is a way to feel good
with people making feeling good
a little better.

Love
John